

So today I stand, I tell you, it is not just the way it is. I am cured from my disease, and I am not recovered from my disease. Yes, it is in check. I, like most other persons with a progressive chronic disease, am in remission; but I have early warning signs and symptoms of recurrence that I watch for. I know that I am responsible for the stigma of my disease by not coming forward and allowing those who still suffer to see the hope in me. The stigma of my disease stops here and now. I am responsible for giving hope to the person who still suffers from their or a loved one's disease, because without my face, without any voice, I still suffer in silence. I am not ashamed of my disease; I am ashamed of my behavior towards my disease.

Today I ask for you to feel the fear, the struggle, the challenge, the hope, the celebration that resides in this person, a person with addiction.

Mr. Speaker, those are the words of one of the most compelling constituents that I have had the honor of having in my office, who told me in her heartfelt story which I have been able to relate to you of her road through the long journey to a place that many of us do not know and to the recovery. Hers is a story of hope, of compassion that we all need to feel, and a system that needs to work for people like Lois.

Mr. Speaker, I thank you for the opportunity to address this great Nation.

□ 1730

#### REPORT ON RESOLUTION PROVIDING FOR CONSIDERATION OF H.R. 2123, SCHOOL READINESS ACT OF 2005

Mr. BISHOP of Utah, from the Committee on Rules, submitted a privileged report (Rept. No. 109-229) on the resolution (H. Res. 455) providing for consideration of the bill (H.R. 2123) to reauthorize the Head Start Act to improve the school readiness of disadvantaged children, and for other purposes, which was referred to the House Calendar and ordered to be printed.

#### RECOGNIZING RECOVERY MONTH

The SPEAKER pro tempore (Mr. GOHMERT). Under a previous order of the House, the gentleman from Rhode Island (Mr. KENNEDY) is recognized for 5 minutes.

Mr. KENNEDY of Rhode Island. Mr. Speaker, I rise today to join my colleagues in recognizing Recovery Month sponsored by the Substance Abuse and Mental Health Services Administration and by the Center for Substance Abuse and Treatment.

As the co-chairman of the newly formed Addiction, Treatment and Recovery Caucus, it has been an eye-opening experience to speak with recovery groups working to bring an end to the stigma surrounding addictive disorders.

At every event and every meeting, someone will inevitably take me aside,

quietly whisper to me about how their parent had abused drugs for years without knowing it or how their child was attempting to rebuild their life after spending time in a juvenile detention facility for a drug-related crime or how they lost one after years of battling addiction. While these people quietly share their most intimate family secrets, they may not realize that addictive disorders impact over 63 percent of our Nation and that they are far from alone.

In the past several years, advancements in medical science have allowed us to take incredible images of the brain. The National Institutes of Drug Abuse, NIDA, has found evidence of tissue malfunction in the brain of those with addiction.

Mr. Speaker, I would like to show a few of the slides of what a new technology called the PET scan reveals to us about the various afflictions of the brain and brain disorders and how those brain disorders can appear now under a particular kind of X-ray. As everybody can see very clearly, brains operate differently; and those differences come from different metabolic differences and, in many respects, come from simply genetic differences that predispose some people to having mental disorders or having addictive disorders or having alcoholic disorders.

The fact of the matter is now we do not have to be quiet because there is no stigma to alcoholism or drug abuse. This is no reflection on someone's character.

My mother is still battling alcoholism. I am a recovering alcoholic. I know many other members of my family are recovering. I know many of my friends who have families where alcohol and drug abuse plague their families and run amok.

The fact of the matter is, for so long, people have kept quiet about these illnesses because they felt that there was something wrong with them. The fact is now we have been able to look into the brain, see the areas that are affected, see the genetic components to alcoholism and drug addiction and begin to repair those.

Just like every other illness, whether it be diabetes or asthma, drug and alcohol abuse is a chronic disorder like those illnesses. Yet, unlike diabetes and unlike asthma and like every other physical illness of the body, the physical illness and disorder of the brain is discriminated against by insurance companies in this country. As a result of it being discriminated against, millions of Americans do not get the treatment that they could be benefiting from in such incredible ways.

Why should we provide this treatment? Well, aside from the fact that it is the humane thing to do, it actually saves us money. For one thing, it saves us all the cost to our prison system. We have, as a Nation, the largest prison population of any industrialized nation in the world; and Mr. Speaker, the sheriff of Los Angeles County says he

runs the largest treatment and drug abuse facility in America. He runs the Los Angeles County jails, and that is appropriate saying that because, quite frankly, our jails are becoming the treatment of last resort.

#### ENVIRONMENTAL EXTREMISM

The SPEAKER pro tempore (Mr. SODREL). Under a previous order of the House, the gentleman from Tennessee (Mr. DUNCAN) is recognized for 5 minutes.

Mr. DUNCAN. Mr. Speaker, the whole Nation has been saddened by the terrible and tragic events of Hurricane Katrina. Because of our great concern about this, I would like to read a portion of a story the Los Angeles Times ran just 12 days ago on September 9.

The Los Angeles Times said: "In the wake of Hurricane Betsy 40 years ago, Congress approved a massive hurricane barrier to protect New Orleans from storm surges that could inundate the city.

"But the project, signed into law by President Johnson, was derailed in 1977 by an environmental lawsuit. Now the question is: Could that barrier have protected New Orleans from the damage wrought by Hurricane Katrina?

"If we had built the barriers, New Orleans would not be flooded," said Joseph Towers, the retired chief counsel for the Army Corps of Engineers New Orleans district.

"Tower's view is endorsed by a former key Senator, along with academic experts, who say a hurricane barrier is the only way to control the powerful storm surges that enter Lake Pontchartrain and threaten the city."

Still quoting the Los Angeles story: "The project was stopped in its tracks when an environmental lawsuit won a Federal injunction on the grounds that the Army's environmental impact statement was flawed. By the mid-1980s, the Corps of Engineers abandoned the project."

The story goes on, but I will just say this: that project, which was stopped by environmental lawsuits, really led or allowed the damage, the horrible events that happened in New Orleans and the surrounding areas. Environmental extremism, Mr. Speaker, has caused almost every highway, aviation, and water project in this country to take three or four times longer than it should and cost about three or four times more than it should. This hurts the poor and the lower income and the working people of this country most of all.

Perhaps wealthy environmentalists do not realize how much they hurt people by driving up costs and destroying jobs; but hurt they do. Some projects they are able to stop altogether. This barrier protection for New Orleans is just one of many examples, but certainly the worst.

However, some people say the city was at fault in its response to this tragedy. Some say it was the State.